

## Mental Health

<b><u>Federal Organization/ Contact Info.</u></b>	<b><u>Mission</u></b>	<b><u>Web</u></b>
<p>National Institute of Mental Health</p> <p>Mailing address: National Institute of Mental Health (NIMH) Office of Communications 6001 Executive Boulevard, Room 8184, MSC 9663 Bethesda, MD 20892</p> <p>Phone: 301-443-4513 Toll-Free: (866) 615-6464 TDD: (301) 443-8431 Fax: (301) 443-4279 E-mail: <a href="mailto:nimhinfo@nih.gov">nimhinfo@nih.gov</a></p>	<p>NIMH's mission is to reduce the burden of mental illness and behavioral disorders through research on mind, brain, and behavior. Their work includes clinical and scientific studies, developing new treatment, ensuring access to existing treatment, educating the public, and providing information to researchers and clinicians.</p>	<p><a href="http://www.nimh.nih.gov/publicat/index.cfm">http://www.nimh.nih.gov/publicat/index.cfm</a></p>
<p>President's New Freedom Commission On Mental Health</p> <p>Substance Abuse and Mental Health Services Administration's (SAMHSA), Office of Communications Spanish-language services available</p>	<p>The Commission's mission is to study the United States mental health service delivery system, including both the private and public sector providers. The Commission will advise the President on methods to improve the system so that adults with serious mental illness and children with serious emotional disturbances can live, work, learn, and participate fully in their communities.</p>	<p><a href="http://www.mentalhealthcommission.gov/">http://www.mentalhealthcommission.gov/</a></p>
<p>SAMHSA's National Mental Health Information Center (Center</p>		<p><a href="http://www.mentalhealth.samhsa.gov/">http://www.mentalhealth.samhsa.gov/</a></p>

for Mental Health Services)  P.O. Box 42557 Washington, DC 20015 Phone: (800) 789-2647 Fax: (240) 747-5470 Spanish-language services available		
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<b><u>National Community Organization/ Contact Info.</u></b>	<b><u>Mission</u></b>	<b><u>Web</u></b>
National Mental Health Association  P.O.Box 16810 Alexandria, VA 22302 Phone: (703) 684-7722 Fax: (703) 684-5968 Mental Health Resource Center Toll-Free: (800) 969-NMHA TTY: (800) 433-5959	The National Mental Health Association is dedicated to promoting mental health, preventing mental disorders and achieving victory over mental illness through advocacy, education, research, and service.	<a href="http://www.nmha.org/">http://www.nmha.org/</a>
National Alliance for Hispanic Health  1501 Sixteenth Street, NW. Washington, DC 20036 Phone: (202) 387-5000 E-mail: <a href="mailto:alliance@hispanichealth.org">alliance@hispanichealth.org</a>	The Alliance is a network of the country's Hispanic health and human services providers. The programs of the Alliance: Inform and mobilize consumers; Support providers in the delivery of quality care; Promote appropriate use of technology; Improve the science base for accurate decision making; and, Promote philanthropy.	<a href="http://www.hispanichealth.org/">http://www.hispanichealth.org/</a>
National Association of State Mental Health Program Directors (NASMHPD)	NASMHPD advocates for the State Mental Health Authorities and their directors at the national level. NASMHPD conducts	<a href="http://www.nasmhpd.org/">http://www.nasmhpd.org/</a>

66 Canal Center Plaza, Suite 302 Alexandria, VA 22314 Phone: (703) 739-9333 Fax: (703) 548-9517 E-mail: <a href="http://www.nasmhpd.org">www.nasmhpd.org</a>	environmental scans in the delivery and financing of mental health services and disseminates knowledge and experience reflecting the integration of public mental health programming in evolving healthcare environments.	
National Latino Behavioral Health Association (NLBHA)  PO Box 387, 506 Welch Street Berthoud, CO 80513 Phone: 970-532-7210 Fax: 970-532-7209	The National Latino Behavioral Health Association (NLBHA) was established to bring attention to the great disparities that exist in areas of access, utilization, practice based research and adequately trained personnel. They provide bilingual and Spanish language publications and resources for service providers, mentally ill people, and their families.	<a href="http://nlbha.org/">http://nlbha.org/</a>
National Alliance for the Mentally Ill (NAMI)	NAMI is a nonprofit, grassroots, self-help, support and advocacy organization of consumers, families, and friends of people with severe mental illnesses. They have publications, additional resources, and provide advocacy.	<a href="http://www.nami.org/">http://www.nami.org/</a>
Federation of Families for Children's Mental Health  1101 King Street, Suite 420 Alexandria, Virginia 22314 Phone: (240) 403-1901  Fax: (703) 836-1040	This organization helps children with mental health needs and their families through: a nationwide network of family-run organizations, working to change how systems respond to children with mental health needs, and helping policymakers, agencies, and providers become more effective in delivering services for children with mental health needs.	<a href="http://www.ffcmh.org/">http://www.ffcmh.org/</a>
Girl Scouts of the USA  420 Fifth Avenue New York, New York 10018-2798	Girl Scouts provides an accepting and nurturing environment where girls build character and skills for success in the real world.	<a href="http://www.girlscouts.org/about/">http://www.girlscouts.org/about/</a>

Phone: (212) 852-8000 Toll-Free: (800) GSUSA 4 U  Spanish-language services available 8:30am-7:30pm		
Studio 2B  420 Fifth Avenue New York, New York 10018-2798 Phone: (866) 550-4311 E-mail: <a href="mailto:info@studio2b.org">info@studio2b.org</a> Spanish-language services available	Studio 2b is sponsored by Girl Scouts and was created by girls for girls. It provides a community for girls 11-17 through advice columns, polls, activities, articles, etc.	<a href="http://www.studio2b.org">http://www.studio2b.org</a>
Boys and Girls Clubs of America  National Headquarters 1275 Peachtree Street, NE. Atlanta, GA 30309 Phone: (404) 487-5700 E-mail: <a href="mailto:Info@bgca.org">Info@bgca.org</a> Spanish-language services available	Club programs and services promote and enhance the development of boys and girls by instilling a sense of competence, usefulness, belonging, and influence. They have after-school programs, summer camps, and more for kids ages 8 to 18.	<a href="http://www.bgca.org/">http://www.bgca.org/</a>
The ASPIRA Association  National Office 1444 I Street N.W., Suite 800 Washington, D.C. 2005 Phone: (202) 835-3600 Fax: (202) 835-3613 E-mail: <a href="mailto:info@aspira.org">info@aspira.org</a> Spanish-language services available	The ASPIRA Association, Inc., is devoted to the education and leadership development of Puerto Rican and other Latino youth. They empower Latino youth by developing and nurturing their leadership, intellectual, and cultural potential.	<a href="http://www.aspira.org">www.aspira.org</a>
MANA	MANA is a national organization that empowers	<a href="http://www.hermana.org">www.hermana.org</a>

National Office 1725 K Street, NW. Suite 201 Washington, DC 20006 Phone: (202) 833-0060 Fax: (202) 496-0588 Spanish-language services available	Latinas through leadership development, community service and advocacy. They produce publications concerning Latinas, run educational programs and conferences, and provide educational scholarships.	
National Hispana Leadership Institute (NHLI) 1901 North Moore Street Suite 206 Arlington, VA 22209	NHLI operates an intensive four-week leadership program for Latina women that operates in four different cities and works to empower and educate them.	<a href="http://www.nhli.org">www.nhli.org</a>

<b><u>National Private Organization/ Contact Info.</u></b>	<b><u>Mission</u></b>	<b><u>Web</u></b>
Freedom From Fear (FFF)  308 Seaview Ave. Staten Island, New York 10305 Phone: (718) 351-1717 Fax: (718) 980-5022 E-mail: <a href="mailto:contactfff.freedomfromfear.org">contactfff.freedomfromfear.org</a> Spanish-language services available	FFF is a national non-profit organization whose mission is to aid and counsel individuals and their families who suffer from anxiety and depressive illnesses. They have developed a depression screening program and offer free consultations with health care professionals.	<a href="http://www.freedomfromfear.org/">http://www.freedomfromfear.org/</a>
National Association for Self-Esteem (NASE)  E-mail: <a href="mailto:Sharon@SharonFountain.com">Sharon@SharonFountain.com</a>	NASE advocates self-esteem through their reference and bibliography center, links to self-esteem Web sites, and more. They also have products and resources for children, teens, and adults.	<a href="http://www.self-esteem-nase.org/index.shtml">http://www.self-esteem-nase.org/index.shtml</a>

<p>Children and Adults with Attention-Deficit/Hyperactivity Disorder (CHADD)</p> <p>8181 Professional Place, Suite 150, Landover, MD 20785 <b>National Resource Center on AD/HD</b> (800) 233•4050 <b>Phone:</b> (301) 306•7070 <b>FAX</b> (301) 306•7090</p> <p>Spanish services available</p>	<p>Countless individuals and families dealing with AD/HD turn to CHADD for information, public advocacy, and support. Whether you are seeking the most recent research about AD/HD, looking for help for yourself, your child, or your family, or seeking to make a difference in public policy, CHADD can make a difference!</p>	<p><a href="http://www.chadd.org/index.cfm">http://www.chadd.org/index.cfm</a></p>
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